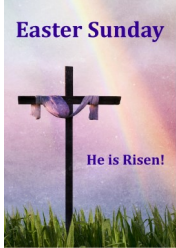


APRIL 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 1 bottle of syrup if you've said something sweet about someone this month	2 1 box of cereal bars for every grandchild you have	3 1 jar of peanut butter if you're thankful you have the freedom to attend worship	4 1 jar of jelly if you are thankful for your church family at Epiphany	5 1 can of chicken if you're afraid of anything	6 1 jar of spaghetti sauce if you are thankful for your spouse
7 1 bar of soap if you said a bad word last year	8 1 container of dish soap if you're thankful that you are washed in the blood of Jesus	9 1 package of paper towels if you have gossiped about someone this month	10 1 can of soup for every TV you have in your house	11 1 box of Jello or pudding for every grandparent you currently have	12 1 package of cookies if you have a sweet tooth	13 1 can of tuna fish for every fish you caught last year
14 Palm Sunday 1 package of toilet paper if you're working to "clean up your act"	15 1 bottle of salad dressing for every vegetarian you know	16 1 tube of toothpaste if you're working to watch what you say	17 1 toothbrush if you've said something unkind about someone this year	18 Maundy Thursday 1 box of mac 'n' cheese for every computer or tablet you have in your house	19 Good Friday Donate something today in recognition of the sacrifice Jesus made for us	20 To continue giving consider donating your time to Christian Helping Hands (Contact info below!)
20 Happy Easter! 						

“DON'T GIVE UP — GIVE!”

Lent is a season of preparation for Holy Week and Easter. During the season of Lent, Christians meditate on the suffering that Christ endured on their behalf and reflect upon their own Baptism and what it means to live as a child of God. Many Christians give something up for Lent as a way of remembering and personalizing the great sacrifice that Christ made on the cross for our sins. This year why not “give” instead of, or in addition to, “giving up” something.

Below you will find a calendar that starts on Ash Wednesday, the beginning of Lent, with suggestions for giving throughout the Lenten Season.

All donations should be placed in the Christian Helping Hands box in the narthex. Let's really make a difference this Lenten Season.

MARCH 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			6 Ash Wednesday 1 jar of peanut butter to help God's Word stick in your heart	7 1 deodorant if you want to keep your friends close	8 1 can of carrots to open your eyes to what God has done for you	9 1 bottle of ketchup to “catch up” with God's Word
10 1 baby product (food, diapers etc.) if you love babies	11 1 bottle of shampoo if you need to be clear-headed	12 1 tube of toothpaste if you had any cavities last year	13 1 toothbrush if you had a dental check-up last year	14 1 box of crackers if you haven't lost your “saltiness” (Matthew 5:13)	15 1 box of cereal for every child you have	16 1 jar of jelly to help you “spread the Word”
17 1 container of fabric softener if you'd like to be treated more softly	18 1 Hamburger Helper if you have been helped this month	19 1 box of pancake mix if you've ever eaten breakfast for dinner	20 1 bag of rice for every wedding you attended last year	21 1 can of beans if you like music	22 1 box of cornbread mix because Jesus is the Bread of Life	23 1 can of vegetables for every hour you watched tv this week
24 1 bottle of cooking oil if you're eating out tonight	25 1 bottle of mouthwash if you've ever said something you regretted	26 1 box of Kleenex if you or someone you know had the flu this year	27 1 container of laundry detergent to brighten someone's day	28 1 package of cookies if you gave up sweets for Lent	29 1 pkg. of dried beans if you want God to grow your faith	30 1 can of stew if you're thankful for a warm place to live
31 1 bag of pasta for every cell phone owned by your family						